

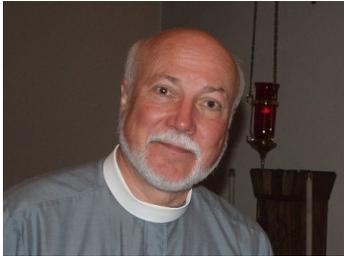
Grace Notes

*the official newsletter of
Grace Episcopal Church
150 Chapel St. Norwood, MA*



From the Rector's Desk

October 2022



Getting Ideas for our Community Meditative Food Forest From Others: Aphorisms at the Foot of the Trees

(An ongoing monthly series about our Meditative Food Forest)

At the foot of the trees you will find a dozen interfaith aphorisms such as:

- You will know the tree by the fruit it bears. (Gospel of Matthew)
- Whoever plants a tree and looks after it with care, until it matures and becomes productive, will be rewarded in the Hereafter. (Muslim saying from the Hadith)
- A society grows great when old men plant trees whose shade they know they shall never sit in. (Greek proverb)



A number of years ago, I walked the Robert Frost Interpretive Trail in Ripton Vermont. Frost summered nearby at Homer Noble Farm for 23 years, and walked those very woods himself. About a half dozen of American poet Robert Frost's poems are printed on signs at points along the trail. You'll find a poem about birches near a stand of birch, or a poem about mowing near an open field. And don't forget one of the most famous poems of all time, "Stopping by Woods on a Snowy Evening." Frost's poetry is steeped in natural imagery, and reading them in this setting really brings them to life.

Our Meditative Food Forest, though small and humble with its aphorisms at the foot of our trees, provides opportunities to stop and reflect along the path.

Worship



*Fall Worship Schedule
is under way.*

*Join us for services at
8:00a.m. + 10:00a.m.*

October Scripture Readings

October 2

Habakkuk 1:1-4, 2:1-4

Psalm 37:1-10

2 Timothy 1:1-14

Luke 17:5-10

October 9

2 Kings 5:1-3, 7-15c

Psalm 111

2 Timothy 2:8-15

Luke 17:11-19

October 16

Genesis 32:22-31

Psalm 121

2 Timothy 3:14-4:5

Luke 18:1-8

October 23

Jeremiah 14:7-10, 19-22

Psalm 84:1-6

2 Timothy 4:6-8, 16-18

Luke 18:9-14

October 30

Isaiah 1:10-18

Psalm 32:1-8

2 Thessalonians 1:1-4, 11-12

Luke 19:1-10

Reading this newsletter online?
Click on the readings listed to
be linked
directly to the passage.

A Prayer for Autumn

Abba, Father, the trees are ablaze with your glory.

The seasons change, but you never do.

You are always beautiful,

in the green and freshness of spring

as in the golds and reds and chills of autumn.

Make me like you.

Let my life reflect your beauty,

season after season,

as the calendar of my life turns and turns and turns.

The trees are letting go of this year's foliage.

Help me let go of both blessings and burdens,

and surrender them both to your loving care.

Fallen leaves pattern the ground with variety.

So design my own fallings and failings

into whatever design will please you most.

In Jesus' name, I pray,

Amen.

IN PRAYER



*Wrap us in your warmth like a quilt,
O God of love. As days grow colder in the
northern hemisphere, make our hearts
burn with your love for one another.*

Please keep in your prayers...

- Many of us are juggling so many things that we are run by our lives rather than living them as gifts from God. Oh Creator, we ask that we might slow our fast pace enough to notice the gifts you give in the changing of the seasons.
- A cessation of Russia's war against Ukraine, strength for those who endure its length, and wisdom for those of us in a position to help.
- Those on our parish prayer list: A.J., Jose, Olivia, Juliana, Tim, Jem, Carolyn, Arlene, Shane, Tara, Joanne, Barbara, Lajuana, Betsy, James, Harry, John, Madeleine K., Matt, Roberta, Madeleine M., Carol, Kevin, Jessica, Melanie, Allen, Linda, Marcia, Ralph, Emily, Karen, Carol, Manny S., Frederick, John, Geoffrey, Valerie, Deb, Sherry, Joseph, John, Linda, Pauline & Ann, Trish & John, and for those being prayed for on the Grace Church Prayer Line.
- For Marion McIntosh Gates, Robert Mawhinney, Andrea Dixon, Gail Beane and all who have passed into God's eternal rest.



Healing Prayers by Phone

Anyone feeling a need for a healing prayer may call at any time. Contact Cathy Noble (781-344-1237), Deb Morton (781-769-4044), or Carol Maloof (781-551-0690).

Healing Prayers in Church

Healing Prayers will be held at both the 8:00 and 10:00 services on the last Sunday of each month. Join us, Sunday, October 30th.



Prayer for Indigenous People's Day

Creator God, hear our prayer this day as we observe this national holiday. Help us to have a greater awareness of Your magnificent gifts to us, the riches of our land, the splendors of the diverse peoples who form our country. Help us to view all Your good gifts with respect and gratitude. Help us to understand that we need the forgiveness of those from whom we acquired this land and to learn to respect it as they did. Heal our divisions and bring us to unity.

Blessing of the Animals

When God made the animals and gave them to the first human being in the Garden of Eden, though they weren't precisely the companion Adam needed, not all was lost. According to Genesis 2, God gave Adam the privilege of naming them all, and when you name something or someone, you bond with that being in a special way. Ever since creation, humans and animals have been connected — often for good purposes, though sometimes not; as the saying goes, "It's complicated."



But on the positive side, Trisha McCagh, a renowned animal communicator, writes: "Animals are the bridge between us and the beauty of all that is natural. They show us what's missing in our lives, and how to love ourselves more completely and unconditionally. They connect us back to who we are and to the purpose of why we're here." I would say animals also show us how to love other people, nonhuman beings and the earth more completely and unconditionally. And they call our attention to God's creativity. Praise God for the gift of the vast variety of animals with whom we share this planet! —Heidi Hyland Mann

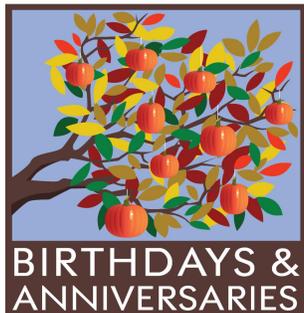
On the Calendar

Important Dates to Remember

- Oct. 2: Blessing of the Animals
- Oct. 10: Indigenous People Day – Office Closed
- Oct. 16: Stewardship Campaign begins
- Oct. 17–20: Heather away this week
- Oct. 19: Young at Heart Luncheon @ 12:00
- Oct. 23: Christmas Tree Coordination Meeting



OCTOBER



Anniversaries

- 10/02 Debra & George Nedder
- 10/09 Heather & Kevin Wisheart
- 10/20 Barbara Mackey & Eric Ahlberg
- 10/20 Amanda & Matthew Nichols

Birthdays

- 10/02 Mia Serratore
- 10/03 Geoffrey Baguma
- 10/06 Kathryn McTeague
- 10/06 Phil Riley
- 10/10 Roger Barrett
- 10/16 Helen Rintala
- 10/17 David Button
- 10/22 Olivia O'Connor
- 10/28 Mason Falcone
- 10/28 Tommy Nedder
- 10/29 Emma Fleming
- 10/30 Eric Bedard
- 10/30 Lillian Johnson
- 10/31 Yvonne Soto

Announcements

Biding Adieu to Two Franciscan Statues We Had Custody of for the Last Seven Years

Seven years ago, the Franciscan Friary in Mount Sinai, New York closed, and I was authorized to rescue two statues from being shut away in some dusty cobwebbed basement, and brought them to live temporarily with us here at Grace. These are statues of our Third Order saints who are also designated patrons of our Order: King Louis IX of France, and Elizabeth of Hungary. Since I will be leaving the parish next year, our New England Third Order Meeting here on Saturday October 1 will transfer the statues to the custody of the Rev. Harvey Hill who is the Assistant Provincial Chaplain and rector of St. David's Church in Agawam, Massachusetts. He is also joined at St. David's by the Rev. Terry Hurlburt, Deacon, who is a novice in the Third Order.



Princess Elizabeth of Hungary was married at the age of 14, and widowed at 20. After her husband's death, she regained her dowry, using the money to build a hospital where she herself served the sick. She became a symbol of Christian charity after her death at the age of 24 and was canonized in 1235. She was an early member of the Third Order of St. Francis, and is today honored as its patroness.



In his day, Louis was viewed as the quintessential Christian ruler. He fostered a uniform system of justice, attempting to quell private wars in his realm and being attentive to the rights of the poor (he outlawed usury, excessive rates of interest that were gouging many people). Very devout in his personal life, he was never heard to speak ill of anyone and had a large number of poor people fed daily, some at his own table. He was a great patron of the Franciscan friars and their evangelizing efforts. Indeed, he was rebuked by some for being a "monk-king."

Self Care Items Drive | the New sock drive

Now through Thanksgiving

Our Self Care Items drive is underway. Please continue to drop your donations off in the designated bins outside the sanctuary. Each and every item is greatly appreciated. Monetary donations are also accepted if you are not able to shop for items.

Items to donate:

Deodorant, Toothbrush/Toothpaste, Comb/Brush, Tissues, Hand sanitizer, Soap, Nail polish/Emery Boards, Chapstick.

Thank you in advance for your generosity! Every item counts!! Now, get out there and shop for those items to help others who don't have the very basics in life.

Sue Breen



Stewardship

Our Stewardship Campaign for 2023 begins on Sunday, Oct. 16th. Keep your eyes out for a mailing with pledge forms going out around that time. Our In-Gathering will be Sunday, November 13th.

Young at Heart Luncheons

3rd Wednesday of each month

It's that time of year again! Young at Heart Luncheons are back. We hope you will join us for this monthly tradition of food and fellowship on the 3rd Wednesday of each month at noon.



Sunday School

Youth are invited to join fall Sunday School during the 10:00am services. Children can be dropped off downstairs in the children's chapel and will return to the sanctuary in time for communion.

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